



Zonta Club of Newark

Member of Zonta International

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The Zontian

**Jan./Feb.
2009**

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Officers

President—Becky Shoults

Recording Secretary—Jo Ann Darnes

Treasurer—Kathleen Crowley

Parliamentarian—Joan Wine

Board Members—Diana Myers, Christy Williams, Phyllis Penick

Vice-President—Nasie Gallagher

Corresponding Secretary—DiAnna Green

Past President—Donna Buchanan

January Speaker

Nasie Gallagher, a Zonta member, talked to the club about osteoporosis, a disease that affects both men & women but affects white women mostly. Normal bones look like swiss cheese but someone, with the disease, the bone has more holes than normal. There is no early detection for the disease. Usually after a person suffers a break, the Dr. will order a bone density test. Women should start taking a calcium with vitamin D supplement early in their life. Eating cheese, ice cream, yogurt & other milk products help to strengthen bones.

Meet A Zontian

Phyllis Penick started working at Licking County Building & Savings in 1960 & retired from Huntington Bank (after several name changes) in 2007 with 47 years of service. She also held the office of Township Clerk for 25 years, retiring April 1, 2008.

In 1964, she married her husband Jim, he is manager/proprietor of Park Lanes in Heath. They have a son, Sam & grandson Reed. When not taking care of her Dad & Uncle Donald, Phyllis is spending her time with her grandson, Reed who is 8 years old. She has not missed a football game in over 2 years! In her spare time she likes to e-mail her friends & look at properties for sale.

She has 2 ½ cats(1 is a stray), 2 dogs & Chester, a jack o peek. He stays with her Dad which helps keep him busy. Belonging to Zonta for almost 20 years has been a rewarding experience for Phyllis.

Meet A Zontian

Delia Jane Haynes, lives in Thornville. Jane & her husband, John are 3rd generation owners of Haynes Jewelers located at 409 S. 22nd St, Heath. The store opened in April, 1894 as a jewelry store & optometrist office.

They have 2 sons & 1 daughter. Eric & his fiancée, Eva McCauley, live in St. George Island, FL. Aron & his wife, Melissa live in Newark with son Garrett, age 15. Charmarie & her fiancée John McMillan, live in Zanesville. Today her daughter-in-law, Melissa is the manager of the business & her daughter, Charmarie is the goldsmith & shop manager.

Jane loves visiting Eric & Eva in Florida. While there, they have got her hooked on deep sea fishing. She is still trying to hook the “big” one. She loves traveling, hiking & target shooting.

Champagne Luncheon & Style Show

Meetings are now being held by the committees for the Luncheon & Style Show. The theme this year is “Fashion Steps For The Cure”. Joanne Logan will be passing out the sign up sheet for the models. So far the stores participating are: Penney's, Christopher & Banks, The James Store, & Boutique 21. Jane Haynes has donated a diamond ring from Haynes Jewelers and Gloria Bowermaster of Rejuvenations Facial Aesthetic Clinic has offered to do the make up for the models. Remember that May 1st is our Champagne Luncheon & Style Show.



Nasie Galagher was installed as Vice President on February 12, 2009

Kathleen Crowley became a grandmother on Dec. 27th, a granddaughter, Audrey O'Dett.

Jo Ann Darnes thanks everybody for their thoughts & prayers after losing her mother in January.

Jo Ann Darnes's son-in-law returned safely from El Salvador where he performed eye surgeries on the under-privileged.

Sandy Warner's new address is 1430 Deer Run, Newark.

Judi Pyle's granddaughter has been in the hospital for

Cleaning Poem

I asked the Lord to tell me
Why my house is such a mess.
He asked if I'd been 'computing',
And I answered 'yes.'
He told me to get off my fanny
And tidy up the house.
And so I started cleaning up...
The smudges off my mouse.
I wiped & shined the topline.
That really did the trick...
I was just admiring my work...
I didn't mean to 'click.'
But click, I did, & oops I found
A real absorbing site.
That I got SO way into.
I was in it all night. <<Sigh>>
Nothing has changed except my mouse
It's very, very shiny.
I guess my house will stay a mess...
While I sit here on my hiney.
Thank you for being my e-mail buddy and
God bless you most richly in 2009!

d storm, keep her
: but sore.
PM
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Joke of the Month

As a trucker stops at a red light, a blond catches up. She jumps out of her car, runs up to his truck, and knocks on the door.

The trucker lowers the window, & she says "Hi, my name is Heather and you are losing some of your load."

The trucker ignores her & proceeds down the street.

When the trucker stops for another red light, the girl catches up again. She jumps out of her car, runs up & knocks on the door.

Again the trucker lowers the window. As if they've never spoken, the blond says brightly, "Hi my name is Heather, & you are losing some of your load!"

Shaking his head, the trucker ignores her again & continues down the street.

At the 3rd red light, the same thing happens again. When the light turns green the trucker revs up & races to the next light.

When he stops this time, he hurriedly gets out of the truck, & runs back to the blond. He knocks on her window, & after she lowers it, he says....

"Hi my name is Mark, it's winter in West Virginia & I'm driving the **SALT TRUCK!**"

Submitted by Theresa Fouts



Zonta Birthdays

- Joetta Eskew----March, 1983
- Theresa Fouts---March, 2008
- Nancy Malarky--- March, 1999
- Teresa Rice---April, 2006
- Laurie Wells---March, 2008



Recipe of the Month

Reuben Dip

- 8 oz. Swiss cheese
- 8 oz. Cheddar Cheese oz.
- 14.5 oz. of Kraut(do not rinse)
- 2 large or 4 small packs of Carl Budding
Corn Beef, cut into small pieces
- ½ cup mayonnaise

Mix in a big bowl, add mayo last
Bake uncovered at 325 for 25 minutes. Turn
up to 350 for last few minutes. Serve with party
breads or assorted crackers, the small rye bread is
perfect.

Submitted by Theresa Fouts

Ice Cream Dessert

Crush 2 tubes of Ritz crackers & 6 oz. melted
margarine. Pat into 9x13" pan reserving ¼ cup
crumbs for topping.

Mix 2 boxes instant pudding(whatever flavor you
like) with 1 ¾ cup milk. Add 1 ½ qt. vanilla ice
cream.(Use mixer to blend together). Pour over
crumbs, spread Cool Whip over top & sprinkle
with crumbs. Refrigerate.



Message From The President

Hello Ladies,

We are nearing the end of February and hopefully winter
is almost over. It seems to me this year the weather has been
bad to long.

Remember March 7th will be our Area Meeting and we
are hosting it at Moundbuilders Country Club from 8:30 AM
to 3:30 PM. I hope many of you will be able to attend since
we are the host club.

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knc News articles need to be submitted by April
I p:9th for the March/April Newsletter. Also need
and recipes and other news worthy items.
tak
woE-mail or call Jo Ann Darnes.
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